S OUR MAIN ING

ST. LUNCH : STILL STILL

visit us on the web: continental-restaurant.net

### FOR STARTERS

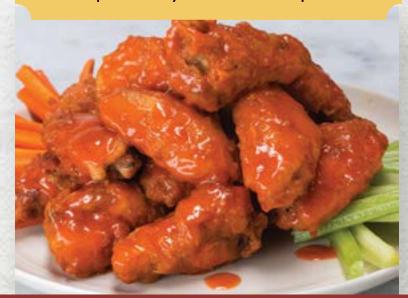
A large flour tortilla stuffed with two cheeses, chopped tomatoes, onions and jalapeños, served with guacamole STEAK - 20 CHICKEN - 16 BACON - 15 **CHEESE ONLY - 11** 

### APPETIZER COMBO

Try our delicious combo of mozzarella cheesesticks, two potato skins and chicken fingers - 16

### **BUFFALO WINGS**

A dozen of our zesty chicken wings served up with celery and bleu cheese dip - 17





SAGANAKI - 8

### ONION RINGS - 9 POTATO SKINS

Filled with cheddar cheese and bacon. Served with sour cream - 9

### MOZZARELLA STICKS

Golden, breaded mozzarella cheese sticks, crunchy outside, creamy inside. Served with marinara dipping sauce - 10

### CHICKEN FINGERS

A favorite starter! Chicken fingers served with French fries and your choice of barbecue or honey-mustard sauce - 11

### HOMEMADE SOUP OF THE DAY

A bowl of piping hot soup served with rolls and butter - 6

QUART OF SOUP - 12

Our burgers are served with garnish, French fries and a bowl of homemade soup

### **LONDON BURGER\***

A half-pound beef burger topped with grilled onions and cheddar cheese. Served on an English muffin - 16

### THE BLEU BURGER\*

Our half-pound burger topped with bleu cheese, fresh tomato and a slice of raw onion - 16

### **BLACK RUSSIAN BURGER\***

This half-pound beef burger is served on dark rye bread with Swiss cheese, raw onion, tomato and Thousand Island dressing - 16

### THE GOBBLER\*

Fresh ground turkey burger served on a whole wheat bun with plenty of grilled onions - 15

### THE ROYAL CANADIAN BURGER\*

A mouth watering half-pound burger topped with Canadian bacon and cheddar cheese - 17

### THE CLASSIC PATTY MELT\*

Our juicy half-pound burger topped with American cheese, smothered with grilled onions and served on rye bread - 16



### WEST COAST BURGER\*

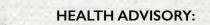
A half-pound burger topped with sliced avocado and cheddar cheese on sourdough bread - 17

#### WISCONSIN CHEESEBURGER\*

Our beef burger classic topped with a slice of Wisconsin cheese - 16

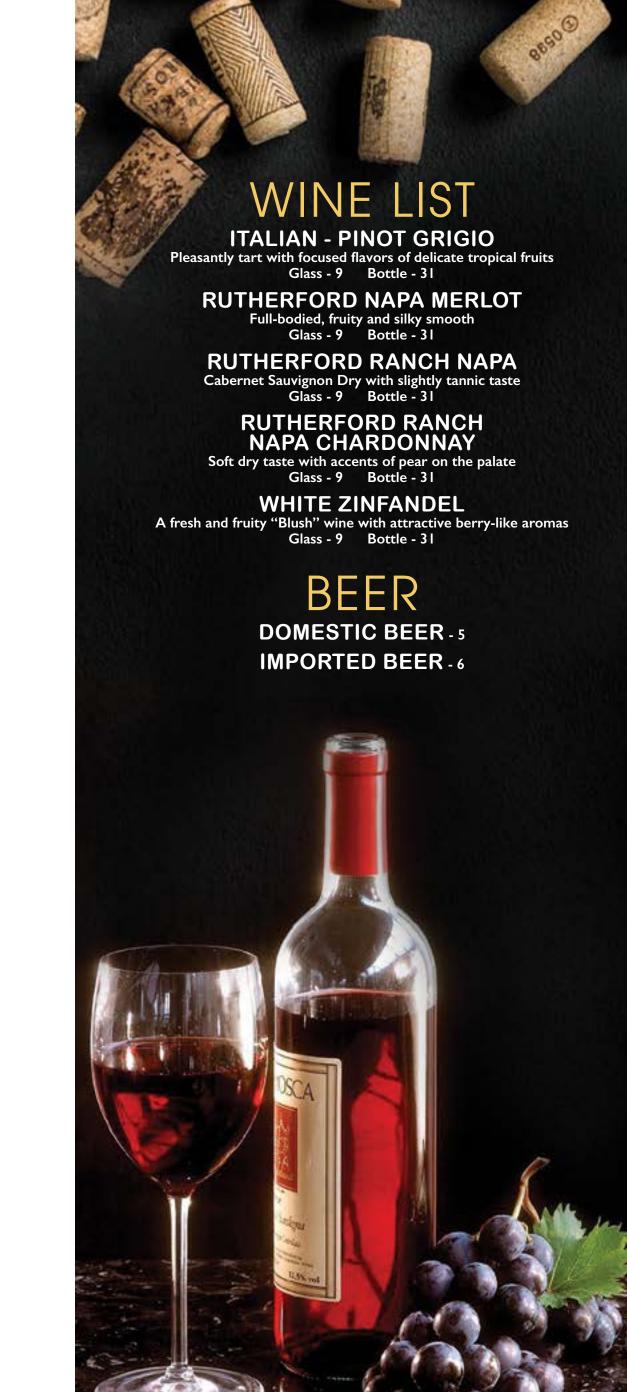
### **BEEF BURGER CLASSIC\***

The classic half-pound burger fixed up just the way you like it - 15



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.







### SIGNATURE SANDWICHES

Our sandwiches are served with garnish, French fries and a bowl of homemade soup

### THE PHILLY PITA

Thin-sliced roast beef with grilled onions, tomatoes, peppers and mushrooms. Topped with plenty of melted mozzarella cheese - 17

### TASTE OF ITALY

Our thin-sliced roast beef served on a warm focaccia roll, smothered with melted mozzarella cheese - 17

### PORTABELLA MUSHROOM SANDWICH

Grilled marinated mushroom served on whole wheat with Swiss cheese - 16

### GRECIAN CHICKEN KABOB

Skewered, marinated chicken tenders served on a pita with onions, tomatoes and feta cheese - 17

#### SUNSET BOULEVARD

A grilled chicken breast served on a fresh croissant, topped with crisp bacon, avocado and melted cheddar cheese - 17

### THE GOLDEN GATE

Deli style turkey breast with strips of crisp bacon and cheddar cheese on grilled sourdough bread - 17

### THE ATHENIAN

Marinated Grecian style chicken breast served on a grilled pita - 17

### THE DELI SANDWICH

This classic sandwich is made with premium thin-sliced corned beef served on rye bread - 17

### RIPLE DECKERS

Our clubs are served with garnish, French fries and a bowl of homemade soup

#### THE CONTINENTAL CLUB

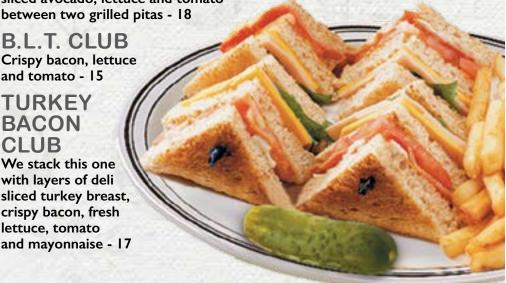
Fresh sliced turkey breast, crisp bacon, sliced avocado, lettuce and tomato

B.L.T. CLUB

Crispy bacon, lettuce and tomato - 15

### **TURKEY BACON** CLUB

We stack this one with layers of deli sliced turkey breast, crispy bacon, fresh lettuce, tomato and mayonnaise - 17



### SAVORY SANDWICHES

Our savory sandwiches are served with garnish, French fries and a bowl of homemade soup

### SKIRT STEAK SANDWICH

Tender and juicy marinated skirt steak served on a French roll - 22

### PORK CHOP SANDWICH

A perfectly seasoned thick and juicy pork chop served on a French roll - 17

### **MONTE CRISTO**

Ham, turkey and Swiss cheese on French toast grilled til' golden - 18

### REUBEN

Thinly-sliced corned beef topped with sauerkraut, Thousand Island dressing and melted Swiss cheese - 18

### **FRANCHEEZIE**

A plump frankfurter wrapped with crisp bacon and stuffed with cheese - 14

GRILLED CHEESE - 10 With crisp bacon or deli ham - 14

### **TUNA MELT**

Our homemade tuna salad grilled on rye bread with American cheese - 17

### CHICKEN SALAD MELT

Our homemade chicken salad grilled on rye bread with American cheese - 16

### CHICKEN SALAD SANDWICH - 15

**B.L.T. SANDWICH - 13** 

#### TUNA SALAD SANDWICH

Our homemade tuna salad served on your choice of bread - 16

### TURKEY BREAST SANDWICH

Fresh sliced deli-style turkey breast topped with your choice of garnish - 17

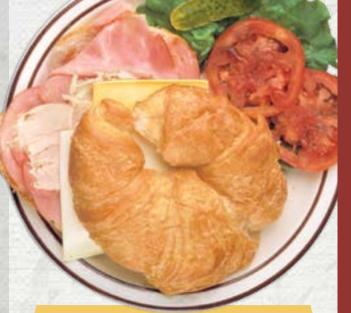
#### FRENCH DIP

A hearty sandwich of slow cooked, tender roast beef, sliced and piled on a warm French roll with au jus - 17 WITH CHEESE +1

# HOT & HEARTY SANDWICHES

Our hot sandwiches are served with soup, mashed potatoes and gravy

HOT BEEF - 16
HOT TURKEY - 16
HOT PORK TENDERLOIN - 16
HOT VEAL CUTLET - 16
HOT MEATLOAF - 16



### THE STATUE OF LIBERTY

An All-American combination of sliced turkey, ham, American and Swiss cheeses stacked on a split croissant - 17

# FRESH & FLAKY CROISSANTS

Our croissants are served with garnish, French fries and a bowl of homemade soup

### THE NEW YORKER

A fresh croissant with sliced deli roast beef and mozzarella cheese - 17

### TUNA SALAD

Our homemade tuna salad served on a fresh and flaky croissant - 17

### CHICKEN SALAD

A delicious croissant topped with our fresh homemade chicken salad - 16

#### THE CHALET

Sliced turkey breast, crisp bacon and cheddar cheese stuffed in a croissant - 17



### SIDE ORDERS

FRENCH FRIES - 4
BAKED POTATO - 4
COTTAGE CHEESE - 7
With peaches - 9
VEGETABLES - 4
TOSSED SALAD - 7

FETA CHEESE - 4 SCOOP OF TUNA - 9 SCOOP OF CHICKEN - 8



### PASTA PERFECT

Served with soup or salad and rolls with butter

### ANGEL HAIR PASTA MARINARA

A plate of angel hair pasta generously covered with our marinara sauce - 15 With meat sauce - 19 With grilled chicken breast - 19 With shrimp - 24

### FETTUCCINE ALFREDO

A generous platter of fettuccine noodles in a rich and creamy Alfredo sauce - 15 With grilled chicken breast - 19 With shrimp - 24

### **VEAL PARMESAN**

Breaded veal cutlet topped with Italian cheeses and our spaghetti sauce over a bed of fresh pasta - 19

### **CHICKEN PARMESAN**

Topped with Italian cheeses and our spaghetti sauce over a bed of fresh pasta - 19

### GREEK CLASSICS\*

Served with soup or salad, potato, vegetable and rolls with butter

ATHENIAN STYLE SKIRT STEAK Broiled to perfection in our Athenian style sauce - 31

## ATHENIAN STYLE CENTER-CUT PORK CHOPS

Two center-cut pork chops seasoned with olive oil and oregano - 24

### ATHENIAN STYLE HALF CHICKEN

Sink your appetite into this simply delicious dish. Brushed with plenty of olive oil and a generous seasoning of oregano, then baked 'til fork tender - 18

All white or all dark meat +5
Please allow 25 minutes for preparation





### SIZZLIN STIR-FRY\*

Served with soup or salad and rolls with butter

### STIR-FRY CHICKEN, BEEF OR SHRIMP

You pick it and we'll stir-fry your favorite with crisp hand-cut vegetables and our special sauce. Served over rice Chicken - 18 Beef - 23 Shrimp - 25

#### COMBO STIR-FRY

Choose two of your favorites: chicken, beef or shrimp and we'll stir-fry them with garden vegetables. Served over rice - 27

### **VEGETABLE STIR-FRY**

Served over rice - 15

### STEAK\* & CHOPS\*

All entrées are served with soup or salad, potato, vegetable and rolls with butter

### BROILED SKIRT STEAK

Lean and tender, we cook this one to your order - 31

### CHOPPED SIRLOIN STEAK

A generous portion of beef sirloin prepared to your liking and smothered with grilled onions - 21

### CENTER-CUT PORK CHOPS

Twin center-cut pork chops lightly seasoned and broiled to a perfect turn. Served with applesauce - 24

### NEW YORK STRIP STEAK

A favorite of many steak lovers! A lean New York strip cooked to your specifications and served with onion rings - 3 l



### FEATURE ENTREES

### **BREADED VEAL CUTLET**

A veal cutlet lightly breaded and fried; topped with brown gravy - 19

### BREADED PORK TENDERLOIN

Topped with brown gravy - 19

#### **BAKED MEATLOAF**

A generous portion of homemade meatloaf smothered with mushroom gravy - 19

### **ROAST TURKEY**

Slices of fresh roasted turkey breast served with homemade dressing - 21

### **BABY BEEF LIVER**

Fresh liver cooked in seasoned flour, grilled and topped with your choice of onions or bacon - 17

### SEAFOOD FARE

### BROILED LAKE SUPERIOR WHITEFISH

A Continental favorite! Fresh and flaky whitefish served with fresh vegetables - 22

### DEEP-FRIED JUMBO SHRIMP

Breaded and deep-fried, served with cocktail sauce - 24

### SHRIMP DEJONGHE

Succulent jumbo shrimp sautéed in DeJonghe butter and served over your choice of rice or pasta - 26

### CHICKEN CUISINE

The following items that include pasta or rice do not include potato

WE PROUDLY SERVE FREE RANGE CHICKENS

Because we prepare our chicken fresh for you, please allow approx. 25 minutes for all chicken entrées.

### CHICKEN DEJONGHE

Double chicken breasts baked with our DeJonghe butter sauce. Served over rice or pasta - 18

### MEDITERRANEAN-STYLE CHICKEN

Double chicken breast marinated in olive oil and Greek herbs. Served over rice pilaf with broccoli - 18

### CHICKEN OSCAR

Two chicken breasts over rice topped with asparagus and crabmeat, smothered with hollandaise sauce - 18

### COUNTRY CHICKEN & DRESSING

The perfect comfort meal, half a slow roasted chicken, teamed up with homemade sage dressing, choice of potato and vegetable - 18

### TEXAS-STYLE BARBECUE CHICKEN

A broiled half chicken dripping with our tangy barbecue sauce - 18

### FRIED HALF CHICKEN

A down home favorite! Seasoned with a blend of southern spices and fried just right - 18

#### **BROILED HALF CHICKEN - 18**

All white or all dark meat + 5

### **HEALTH ADVISORY:**

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



### SALADS & SUCH

### **DELISALAD**

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, green olives, corned beef, salami and Swiss cheese served atop a bed of fresh salad greens with your choice of dressing - 17

### JULIENNE SALAD

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, strips of turkey, ham, cheese and red onions.

Served with your choice of dressing - 16

#### **GREEK ISLAND SALAD**

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, Greek olives, feta cheese and anchovies. Served with our Greek salad dressing - 16

#### Chicken additional +4

### TREASURE ISLAND

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, sliced turkey and cheddar cheese. Topped with crisp bacon and your choice of salad dressing - 16

#### L.A. SALAD

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, sliced chicken breast strips, avocado and your choice of salad dressing. All served in a crispy tortilla bowl - 17

### **MID-WESTERNER**

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, grilled chicken and your choice of salad dressing - 16

### **CAESAR SALAD**

Crisp, fresh romaine lettuce tossed with croutons and our creamy Caesar dressing - II With grilled chicken breast + 4 With succulent shrimp + 9 With skirt steak + 9 With salmon + 9

### SPINACH BOWL

Crisp, fresh baby spinach leaves topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, fresh mushrooms, bacon bits and croutons with your choice of dressing - 13
With grilled chicken breast + 4
With succulent shrimp + 9
With skirt steak + 9

### **DEEP SEA SALAD**

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, shrimp and crabmeat. Served with your choice of dressing - 19

#### CHEF'S SALAD

Crisp, fresh salad greens topped with ripe tomatoes, cucumber, green peppers, onions, boiled egg, olives and your choice of dressing - 12

### LIGHT & LIVELY

Served with garden garnish

### STUFFED TOMATO, CANTALOUPE OR AVOCADO

Stuffed with your choice of tuna or chicken salad, boiled egg, cottage cheese and raisin toast - 16

#### LOW-CAL PLATE

A broiled half-pound burger, boiled egg, cottage cheese and raisin toast - 14

#### DEEP FREEZE PLATE

A scoop of our homemade tuna or chicken salad, boiled egg, cottage cheese and raisin toast - 15

#### LEANER & MEANER

A grilled chicken breast, boiled egg, cottage cheese and raisin toast - 14

### HAWAIIAN DELIGHT

Fresh pineapple half, scooped and filled with fresh fruit. Served with cottage cheese and raisin toast - 15

### **LOX PLATTER**

With three bagels, cream cheese and olives - 29

#### LOX & CREAM CHEESE

Served on two toasted bagels - 22



### BUILD YOUR OWN SALAD \$1000

### A. GREENS

- Spinach Leaves
  - Iceberg
  - Romaine
- Mixed Greens
- House Mixed Greens

### **B. VEGETABLES**

Choose up to 4 items

- Tomato
- Onion
- Peppers
- Cucumbers
- Green Olives
- Black Olives
- Greek Olives
  - Croutons

### C. TOPPERS

- Egg +2 Cauliflower +2
  - Carrots +2
  - Broccoli +2
- Mushrooms +2
  - Avocado +3

### D. CHEESE

- American +2
  - Swiss +2
- Cheddar +2
- Mozzarella +2
- Muenster +2
  - Feta +2
- Bleu Cheese Crumbles +2

### E. MEATS

- Roast Beef +3
- Corned Beef +3
  - Ham +3
  - Turkey +3
  - Salami +3
  - Crabmeat +3
    - Bacon +3
- Turkey Bacon +3
- Anchovies +3

### F. PREMIUM MEATS

- Steak +9
- Salmon +9
- Shrimp +9
- Chicken +4
- Gyro +6
- Chicken Gyro +6Ground Beef +6

### **G. FRUITS**

- Raisins +2
- Apples +2
- Strawberries +2
  - Pears +2
  - Peaches +2
- Mandarins +2
- Apricots +2

### H. PROTEIN SALAD

- Chicken Salad +4
  - Tuna Salad +5
  - Crab Meat +5
  - Egg Salad +4
  - Walnuts +3
- Pecans +3 You may request to have your salad chopped or not chopped.

### STEAK-IT\*

Our steaks are served with three eggs, hash browns and your choice of two buttermilk pancakes or toast

NEW YORK STRIP & EGGS - 26

SKIRT STEAK & EGGS - 26

CHOPPED SIRLOIN & EGGS - 20

PORK CHOP & EGGS - 19



### GRIDDLE GREATS

Served with butter and warm syrup

### PIGS-IN-A-BLANKET

Our special homemade sausage rolled in our light and fluffy buttermilk pancakes and dusted with powdered sugar - 12

### FRUIT PANCAKES

Your choice of strawberry, blueberry, cherry or banana pancakes - 11

4 BUTTERMILK PANCAKES - 9

4 HOMEMADE POTATO PANCAKES - 12

SILVER DOLLAR PANCAKES
Five - 7 Ten - 9 Fifteen - 11

STRAWBERRY, CHERRY OR BLUEBERRY FRENCH TOAST - 12

**EXTRA THICK FRENCH TOAST-10** 

#### FRUIT FILLED CREPES

Strawberry, blueberry or cherry - 11 Sour cream

PLAIN CREPES - 9

### CHEESE BLINTZES (PLAIN) - 13

These ultra thin pancakes are rolled with ricotta cheese and topped with your choice of strawberries, blueberries, cherries or warm cinnamon apples - 15

### **FRUIT WAFFLE**

Our Belgium waffle topped with your choice of strawberry, blueberry, cherry or banana - I I

**BELGIUM WAFFLE - 9** 

### **WAFFLE ALASKA**

Our waffle topped with vanilla ice cream, fresh strawberries and a cloud of whipped cream - 14



### **HOUSE SKILLETS\***

Our skillets are topped with your choice of cheese (except vegetarian skillet) and two eggs. Includes choice of buttermilk pancakes or toast

### **CORNED BEEF HASH SKILLET**

Corned beef hash with onion, peppers, tomato and hash browns - 15

### THE ORIGINAL SKILLET

Ham, onions, mushrooms and hash browns - 15

### POPEYE SKILLET

Crisp bacon, tomatoes, spinach and hash browns - 15

### PORTABELLA MUSHROOM SKILLET

Fresh, sliced portabella mushrooms, onions, crisp bacon and asparagus - 15

### VEGETARIAN SKILLET (ADD CHEESE +1)

Broccoli, asparagus, tomatoes, mushrooms, peppers and onions - 14



### **BREAKFAST SIDES**

HOMEMADE PECAN ROLL - 5 ONION OR PLAIN BAGEL - 3

With cream cheese - 4

#### LOADED BAGEL

Topped with cream cheese, onion, tomato and cucumber - 7

**ENGLISH MUFFIN or TOAST - 3** 

BACON, SAUSAGE LINKS OR PATTIES - 5

BAKED HAM OFF THE BONE - 5

CANADIAN BACON - 5

HASH BROWNS - 4

**CORNED BEEF HASH - 6** 

ONE EGG\* - 3





3-EGG OMELETTES\*

your choice of two buttermilk pancakes or toast SUBSTITUTE COTTAGE CHEESE FOR POTATO +3

### LOX & ONION OMELETTE Served with a bagel - 16

SALAMI OMELETTE - 16 **DENVER OMELETTE - 15** ASPARAGUS OMELETTE - 15

### SPINACH OMELETTE

Made with fresh chopped spinach for classic taste and goodness - 15

### **BROCCOLI OMELETTE**

Made with fresh broccoli - 15

### **MUSHROOM OMELETTE**

We use only fresh grilled mushrooms for the best flavor - 15

#### HAM OMELETTE - 15 With cheese - 16

#### **BACON OMELETTE - 15**

With cheese - 16

#### SAUSAGE OMELETTE - 15

With cheese - 16

#### PLAIN OMELETTE - 12

Plain and simply scrumptious With cheese - 13

#### THE CONTINENTAL OMELETTE

Ham, onions, peppers, mushrooms, tomatoes, asparagus and cheese - 16

### **VEGETARIAN OMELETTE**

Fresh spinach, onions, peppers, mushrooms and tomatoes - 15

#### CHORIZO OMELETTE

With jalapeño peppers, tomatoes, onions and avocado, topped with Chihuahua cheese - 16

### CHORIZO SKILLET

With jalapeño peppers, tomatoes, onions and avocado, topped with Chihuahua cheese and two eggs - 16

WE PROUDLY SERVE FREE RANGE EGGS

# FRUITS &

FRESH FRUIT IN SEASON - 7

FRESH EGGS\*

TWO SCRAMBLED EGGS WITH LOX & ONIONS - 14

CORNED BEEF HASH - 14

CONTINENTAL TWOSOME

Two eggs served any style with two sausage links, two strips of bacon, two pancakes or two French toast wedges and a small juice - 14 WITH COFFEE OR TEA +I

**SUBSTITUTE EGG WHITES OR EGG BEATERS +2** 

TWO EGGS &

TWO EGGS - 9

All of our egg orders are served with

hash browns and your choice of two buttermilk pancakes or toast

With peaches - 9

FRESH ORANGE JUICE - 5

APPLE, GRAPEFRUIT OR TOMATO JUICE - 4



# COTTAGE CHEESE - 7



